

Circular 3549

Released May 2018

SURF LIFE SAVING
NEW SOUTH WALES



2018 NSW Pool Rescue Championships – Entry Circular

Attention: Club Presidents, Club Secretaries, Club Competition Officers, Team Managers, Coaches, Competitors, Branch Directors of Surf Sports, Branch Presidents and Branch Secretaries/CEOs

Actioned by: Persons responsible for completing club entries.

Date: Monday 21 May, 2018

Contact: Luke Stigter, Sports Events Coordinator
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Summary:	Outlines requirements and procedures to enter the 2018 NSW Pool Rescue Championships.
Action:	<ol style="list-style-type: none">1. Complete and submit entries no later than 11pm Sunday 1 July 2018.2. Entries are to be completed online using the 'Meet Manager' system. Clubs will need to download the Team Manager Lite Program (8.0) in order to complete registrations for the 2018 NSW Pool Rescue Championships.3. The 'team manager download file' has been emailed to team managers direct (file cannot be downloaded from the event web page. The exported data must be emailed to lstigter@surflifesaving.com.au4. Submit Team Manager, Time Keeping and Pool Setting contact details by Sunday 1 July 2018.5. Submit Declaration Form by Sunday 10 July 2018.6. Payments for entries due by Sunday 10 July 2018.

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1. EVENT ENTRIES

Entry Registrations:

Note: A step by step guide of the 'Entry Process' has been included at the end of this Circular - (Appendix 1). Please ensure that you allow adequate time to complete entries, especially for those unfamiliar with Team Manager Lite.

- 1.1. Entries to the 2018 NSW Pool Rescue Championships must be submitted to the Surf Sports Events Coordinator no later than **11pm Sunday 1 July 2018**.
- 1.2. These entries must be submitted electronically to the Team Manager Lite program (Not compatible with Apple computers).
- 1.3. Once data is entered by clubs into the electronic entry system, a copy of the exported data will need to be emailed to Luke Stigter at lstigter@surflifesaving.com.au
- 1.4. Entries submitted on paper or by email, fax etc. will not be accepted as the Team Manager File is the only way to complete entries.
- 1.5. No late entries or additional event entries will be accepted after the closing date.

Entry Fees:

- 1.6. The cost per **single event entry** is \$4.80 (incl. GST).
- 1.7. The cost per **relay team entry** is \$9.50 (incl. GST).
- 1.8. The cost per **line throw entry and u12/13 Patient tow** is \$6.00 (incl. GST).
- 1.9. **Additional entry** after closing date is \$19.90 (i.e.; already entered in the carnival).
- 1.10. Payment can be made via cheque, direct deposit or credit card. Please complete the [Declaration Form](#) which includes payment details.
- 1.11. Competitors and Spectators will be required to pay a separate **admission fee (single day \$5.00)** to the Peninsula Leisure Centre. Officials will be advised in the final event information guide on how to enter the facility.
- 1.12. No fees apply to substitutions if the competitor is already entered into the Championships.
- 1.13. If the Championships are cancelled, there will be no refund.

Withdrawals:

- 1.14. In the event of a withdrawal of an individual competitor who has been nominated by the Club to compete, a Club may replace such a competitor in a Club team according to the following procedure: The representative of the Club must send any withdrawal, together with details of the replacement (if any) and satisfying the conditions of entry, in writing to the 2018 NSW Pool Rescue Championships Administration Officer at least one hour before the scheduled starting time of the particular event. The 2018 Pool Rescue Championships Administration Officer will then issue an authority for promulgation to the appropriate carnival official/s.

2. ENTRY CONDITIONS

2.1. Athletes must compete in their respective 2017/18 season age group at these Championships.

(a) A club may enter more than one individual in any of the events listed for each age category and substitutions will apply for team events as per the current edition of SLSA's Surf Sports Manual (and any subsequent Bulletins and Circulars) as long as the competitor is already entered into the championships. Team substitutions must be made at the administration area 30mins prior to commencement of the Carnival.

2.2. This event is sanctioned by the International Life Saving Federation (ILS) and as such the Championships will be run in accordance to the rules published in the [2015 ILS Competition Manual](#) and the relevant sections of the current edition of SLSA's Surf Sports Manual (35th revised edition of Surf Sports Manual) plus any subsequent bulletins or circulars.

2.3. Please note that with the addition of the U11, **9 year olds cannot** enter the event.

2.4. Eligibility conditions for age categories, substitution requirements and other provisions to compete are also provided in the SLSA Surf Sports Manual (35th edition of Surf Sports Manual) and subsequent bulletins or circulars.

2.5. All members entered for the 2018 NSW Pool Rescue Championships must meet the requirements of SLSA policies and the SLSNSW award and proficiency requirements as detailed in [Policy 5.4](#)

2.6. Each competitor must have completed a proficiency test. The date each competitor passed the test must be entered onto the 2018 SLSNSW Pool Rescue Championships entry form in the Team Manager Lite program.

2.7. All events shall be timed finals. For effective timetabling, some events may be conducted simultaneously and results declared based on times for each division.

2.8. The Marshalling sheets will be numbered in accordance with the timetable.

2.9. As this is a Championship event, **no composite teams** shall be permitted to compete at the 2018 NSW Pool Rescue Championships.

Pool Setters and Time Keepers Volunteer Quotas:

While Officials have been appointed to coordinate the event, shift ratios will be in place for the essential roles of time keeping and pool setting. There will be a separate ratio for day 1 – youth, and day 2 – opens/masters. The ratios will be sent to Clubs the day after entries close however clubs should plan accordingly now.

Due to the change in timetable format, Clubs are to be aware that Sunday will have a significant impact on clubs to run the carnival effectively i.e. if there are no volunteer time keepers or pool setters the program will be significantly affected.

Please refer to the web link below to [nominate your club allocated volunteers here](#)

Please note these volunteers will not receive event catering (morning tea or lunch).

Age Groups:

As per 35th revised edition of SLSA Surf Sports Manual with the necessary minimum proficient award apart from 9 year olds able to compete up in team events i.e. 9 year olds are not eligible to compete.

Age Group	Minimum Proficient Award to Compete
Individual Events	
11	Provided that they are currently proficient in the appropriate age award for their Age
12	Provided that they are currently proficient in the appropriate age award for their Age
13	Provided that they are currently proficient in the appropriate age award for their Age
14	SLSA Surf Rescue Certificate or equivalent
15	SLSA Surf Rescue Certificate or equivalent
17	SLSA Bronze Medallion or equivalent
19	SLSA Bronze Medallion or equivalent
Open	SLSA Bronze Medallion or equivalent
Masters	SLSA Bronze Medallion or equivalent
Relays (including Line Throw)	Must be proficient for the team event
11	Provided that they are currently proficient in the appropriate age award for their Age
12-13	Provided that they are currently proficient in the appropriate age award for their Age
14-15	SLSA Surf Rescue Certificate or equivalent
17-19	SLSA Bronze Medallion or equivalent
Open	SLSA Bronze Medallion or equivalent

3. EVENTS

Key Competitor & Official daily reporting times will be communicated in the final event information but it is anticipated that competition will commence at approximately 730am on both days.

Please Refer to the order of events below and note:

- The timetable may be subject to further changes by the Referee
- U11 will be able to enter individual and team events. ***In regards to U11 team events this will be run as a 'mixed gender' event. The team composition is flexible but it must be mixed e.g. 2 females and 2 males or 3 females and 1 male or 3 males or 1 female.***
- Some events may be deleted if there is not sufficient time to conduct the events
- A final event information sheet will be sent one week prior to the event (via Team Managers)

Pool Events:

DAY 1 – SATURDAY 14 JULY 2018

	EVENT	AGE	GENDER		EVENT	AGE	GENDER		EVENT	AGE	GENDER
1	200m Obstacle Race	U15	Male	28	4 x 25m Brick Relay	U12/U13	Male	54	Line Throw - 10 metres	U14	Male
2	200m Obstacle Race	U15	Female	29	4 x 25m Brick Relay	U12/U13	Female	55	Line Throw - 10 metres	U14	Female
3	200m Obstacle Race	U14	Male	30	4 x 25m Brick Relay	U11	Mixed	56	Line Throw - 10 metres	U13	Male
4	200m Obstacle Race	U14	Female					57	Line Throw - 10 metres	U13	Female
5	100m Obstacle Race	U13	Male	31	100m Manikin Tow with Fins	U15	Male	58	Line Throw - 10 metres	U12	Male
6	100m Obstacle Race	U13	Female	32	100m Manikin Tow with Fins	U15	Female	59	Line Throw - 10 metres	U12	Female
7	100m Obstacle Race	U12	Male	33	100m Manikin Tow with Fins	U14	Male	60	Line Throw - 10 metres	U11	Male
8	100m Obstacle Race	U12	Female	34	100m Manikin Tow with Fins	U14	Female	61	Line Throw - 10 metres	U11	Female
9	50m Obstacle Race	U11	Male	35	100m Patient Tow with Fins	U12-13	Male	62	Line Throw – 12.5 mark	U15	Male
10	50m Obstacle Race	U11	Female	36	100m Patient Tow with Fins	U12-13	Female	63	Line Throw – 12.5 mark	U15	Female
11	4 x 50m Obstacle Relay Race	U14/U15	Male	37	100m Manikin Carry with Fins	U15	Male	Youth Point Score			
12	4 x 50m Obstacle Relay Race	U14/U15	Female	38	100m Manikin Carry with Fins	U15	Female				
13	4 x 50m Obstacle Relay Race	U12/U13	Male								
14	4 x 50m Obstacle Relay Race	U12/U13	Female	39	4 x 50m Medley Relay	U14/U15	Male				
15	4 x 50m Obstacle Relay Race	U11	Mixed	40	4 x 50m Medley Relay	U14/U15	Female				
				41	4 x 50m Medley Relay	U12/U13	Male				
16	50m Manikin Carry	U15	Male	42	4 x 50m Medley Relay	U12/U13	Female				
17	50m Manikin Carry	U15	Female	43	4 x 50m Medley Relay	U11	Mixed				
18	50m Manikin Carry	U14	Male								
19	50m Manikin Carry	U14	Female	44	50m Freestyle - with fins	U15	Male				
				45	50m Freestyle - with fins	U15	Female				
20	50m Brick Carry	U13	Male	46	50m Freestyle - with fins	U14	Male				
21	50m Brick Carry	U13	Female	47	50m Freestyle - with fins	U14	Female				
22	50m Brick Carry	U12	Male	48	50m Freestyle - with fins	U13	Male				
23	50m Brick Carry	U12	Female	49	50m Freestyle - with fins	U13	Female				
24	50m Brick Carry	U11	Male	50	50m Freestyle - with fins	U12	Male				
25	50m Brick Carry	U11	Female	51	50m Freestyle - with fins	U12	Female				
				52	50m Freestyle - with fins	U11	Male				
26	4 x 25m Manikin Relay	U14/U15	Male	53	50m Freestyle - with fins	U11	Female				
27	4 x 25m Manikin Relay	U14/U15	Female								

DAY 2 – SUNDAY 15 JULY 2018

	EVENT	AGE	GENDER		EVENT	AGE	GENDER		EVENT	AGE	GENDER
64	Line Throw – 12.5 metres	Open	Male					117	4 x 25m Manikin Relay	Open	Female
65	Line Throw – 12.5 metres	Open	Female	92	4 x 50m Obstacle Relay Race	Open	Male	118	4 x 25m Manikin Relay	U17/U19	Male
66	Line Throw – 12.5 mark	U19	Male	93	4 x 50m Obstacle Relay Race	Open	Female	119	4 x 25m Manikin Relay	U17/U19	Female
67	Line Throw – 12.5 mark	U19	Female	94	4 x 50m Obstacle Relay Race	U17/U19	Male				
68	Line Throw – 12.5 mark	U17	Male	95	4 x 50m Obstacle Relay Race	U17/U19	Female	120	100m Manikin Tow with Fins	Open	Male
69	Line Throw – 12.5 mark	U17	Female					121	100m Manikin Tow with Fins	Open	Female
70	Line Throw – 12.5 mark	30-39	Male	96	200m Super Lifesaver	Open	Male	122	100m Manikin Tow with Fins	U19	Male
71	Line Throw – 12.5 mark	30-39	Female	97	200m Super Lifesaver	Open	Female	123	100m Manikin Tow with Fins	U19	Female
72	Line Throw – 12.5 mark	40-49	Male	98	200m Super Lifesaver	U19	Male	124	100m Manikin Tow with Fins	U17	Male
73	Line Throw – 12.5 mark	40-49	Female	99	200m Super Lifesaver	U19	Female	125	100m Manikin Tow with Fins	U17	Female
74	Line Throw – 12.5 mark	50-59	Male	100	200m Super Lifesaver	U17	Male	126	100m Manikin Tow with Fins	30-39	Male
75	Line Throw – 12.5 mark	50-59	Female	101	200m Super Lifesaver	U17	Female	127	100m Manikin Tow with Fins	30-39	Female
76	Line Throw – 12.5 mark	60+	Male					128	100m Manikin Tow with Fins	40-49	Male
77	Line Throw – 12.5 mark	60+	Female	102	50m Manikin Carry	Open	Male	129	100m Manikin Tow with Fins	40-49	Female
				103	50m Manikin Carry	Open	Female	130	100m Manikin Tow with Fins	50-59	Male
78	200m Obstacle Race	Open	Male	104	50m Manikin Carry	U19	Male	131	100m Manikin Tow with Fins	50-59	Female
79	200m Obstacle Race	Open	Female	105	50m Manikin Carry	U19	Female	132	100m Manikin Tow with Fins	60+	Male
80	200m Obstacle Race	U19	Male	106	50m Manikin Carry	U17	Male	133	100m Manikin Tow with Fins	60+	Female
81	200m Obstacle Race	U19	Female	107	50m Manikin Carry	U17	Female				
82	200m Obstacle Race	U17	Male	108	50m Manikin Carry	30-39	Male	134	100m Manikin Carry with Fins	Open	Male
83	200m Obstacle Race	U17	Female	109	50m Manikin Carry	30-39	Female	135	100m Manikin Carry with Fins	Open	Female
84	200m Obstacle Race	30-39	Male	110	50m Manikin Carry	40-49	Male	136	100m Manikin Carry with Fins	U19	Male
85	200m Obstacle Race	30-39	Female	111	50m Manikin Carry	40-49	Female	137	100m Manikin Carry with Fins	U19	Female
86	200m Obstacle Race	40-49	Male	112	50m Manikin Carry	50-59	Male	138	100m Manikin Carry with Fins	U17	Male
87	200m Obstacle Race	40-49	Female	113	50m Manikin Carry	50-59	Female	139	100m Manikin Carry with Fins	U17	Female
88	200m Obstacle Race	50-59	Male	114	50m Manikin Carry	60+	Male	140	100m Manikin Carry with Fins	30-39	Male
89	200m Obstacle Race	50-59	Female	115	50m Manikin Carry	60+	Female	141	100m Manikin Carry with Fins	30-39	Female
90	100m Obstacle Race	60+	Male					142	100m Manikin Carry with Fins	40-49	Male
91	100m Obstacle Race	60+	Female	116	4 x 25m Manikin Relay	Open	Male	143	100m Manikin Carry with Fins	40-49	Female

144	100m Manikin Carry with Fins	50-59	Male	154	4 x 50m Medley Relay	Open	Male	164	50m Freestyle - without fins	Open	Male
145	100m Manikin Carry with Fins	50-59	Female	155	4 x 50m Medley Relay	Open	Female	165	50m Freestyle - without fins	Open	Female
146	100m Manikin Carry with Fins	60+	Male	156	4 x 50m Medley Relay	U17/U19	Male				
147	100m Manikin Carry with Fins	60+	Female	157	4 x 50m Medley Relay	U17/U19	Female				
								Masters Point Score			
								Open Point Score			
148	100m Rescue Medley	Open	Male	158	50m Freestyle - with fins	Open	Male				
149	100m Rescue Medley	Open	Female	159	50m Freestyle - with fins	Open	Female				
150	100m Rescue Medley	U19	Male	160	50m Freestyle - with fins	U19	Male				
151	100m Rescue Medley	U19	Female	161	50m Freestyle - with fins	U19	Female				
152	100m Rescue Medley	U17	Male	162	50m Freestyle - with fins	U17	Male				
153	100m Rescue Medley	U17	Female	163	50m Freestyle - with fins	U17	Female				

4. EVENT RULES

There have been some recent changes to the [rules and regulations set by the International Lifesaving Federation](#).

General Conditions:

- 4.1. All events shall be conducted in accordance with the Rules and Conditions set out in the current edition of the ILS Competition Manual and New Age Group Modifications and Rules.
- 4.2. Events will be conducted in Male and Female Gender categories for the events listed in the table below.
- 4.3. All events shall be Timed Finals.
- 4.4. Competitors are able to enter individual and team events as per the SLS Surf Sports Manual (except for 9 year olds competing up in team events).

INDIVIDUAL EVENTS	U11	U12	U13	U14	U15	U17	U19	Open	Masters	
50m Freestyle Swim with fins	✓	✓	✓	✓	✓	✓	✓	✓		
200m Obstacle Swim ③				✓	✓	✓	✓	✓	30 - 59	30 - 59
100m Obstacle Swim (50m for U11)	✓	✓	✓						60+	60+
50m Manikin Carry				✓*	✓	✓	✓	✓	✓	✓
50m Brick Carry (from 25m)	✓	✓	✓							
100m Rescue Medley						✓	✓	✓		
100m Manikin Tow with fins				✓	✓	✓	✓	✓	✓	✓
100m Manikin Carry with fins					✓	✓	✓	✓	✓	✓
200m Super Lifesaver						✓	✓	✓		
50m Freestyle Swim – without fins ①								✓		
TEAM EVENTS – Gender Specific	U11	U12	U13	U14	U15	U17	U19	Open	Masters	
Line Throw ②	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
TEAM EVENTS – Gender Specific (Mixed for U11)	U11	U12/U13		U14/U15		U17/19		Open	Masters	
4 x 50m Obstacle Relay	✓	✓		✓		✓		✓		
4 x 25m Manikin Relay				✓		✓		✓		
4 x 25m Brick Relay	✓	✓								
4 x 50m Medley Relay	✓	✓		✓		✓		✓		
100m Patient Tow with fins		✓								

- 4.5. Note: ① The '50m Freestyle Swim – without fins' is a non-competition event, with no medals or points to be awarded. It is anticipated that this event will be conducted following the conclusion of competition on Sunday. No entry will be required to be completed.
- 4.6. Note: ② This is a team event as per ILS rules 3.13 competitors can only compete once in this event (either as a Thrower or Victim e.g. Open Male is one event, 50 – 59 Male is another event, competitors can compete in both events but can only compete once in each age group). For Masters Line Throw events, age of youngest competitor determines age category. For U12 to U14 Line Throw, events shall be placed at the 10m mark.
- 4.7. Note: ③ For 60+ Masters age group, competitors will swim 100m in the obstacle swim, not 200m.
- 4.8. Note: * U14 (50m) Manikin Carry – modified event – the pickup will occur at 35m.
- 4.9. Note: U12 and U13 Age categories are restricted to the Eyeline type rubber fins –only – refer Circular 92/12-13 Pool Rescue Under 12 to 14 Years.
- 4.10. Note: U14 and U15 are permitted to use Fins as detailed in Section 8.11 of ILS Rules.

Individual Events:

- 4.11. Only proficient SLSA Bronze Medallion holders may contest the U17, U19, Open and Masters individual events.
- 4.12. Only proficient SLSA Surf Rescue Certificate (SRC) holders may contest U14 and U15 age individual events.
- 4.13. U11, U12 and U13 must hold the appropriate award and proficiency for their age category.
- 4.14. U11, U12, U13, U14, U15, competitors must compete in their specific age category only and are not eligible to compete in Open age individual events. U17 and U19 competitors can compete up in individual events as per current SSM.
- 4.15. Age determination and restrictions for U11, U12, U13 & U14 events will be as per Circular 92/12-13 Pool Rescue Under 12 to 14 Years.

Team Events:

- 4.16. In the designated U11, U12-U13, U14-U15 team events U12, U13, U14 & U15 competitors must hold a current award relevant to the age category, as a minimum. These competitors can compete only to form a team in their age groups i.e. U12-U13 can have all U12 or U13 competitors, U14-U15 can have all U14 or U15 competitors.
- 4.17. In the designated U17-U19, Open and Masters Team events U17, U19, Open and Masters Competitors must be proficient Bronze Medallion award holders as a minimum. Competitors in these age groups can compete up to form teams in U17, U19 & Open as per the surf sports manual.
- 4.18. NOTE: NO U14 or U15 age category athlete can compete in any of the above age groups even if they hold a Bronze Medallion award.

High Performance Information:

- 4.19. As this is a Championship event no composite teams shall be permitted to compete at the 2018 NSW Pool Rescue Championships except for Development, State or High Performance teams or International teams.
- 4.20. Development, State and High Performance teams will not be awarded points or medals for Team events they compete in.
- 4.21. Development, State and High Performance team members will be required to enter as part of their Club in individual events and are entitled to be awarded the Championship title and the medal as a member of their Club and their points would go towards the individuals club point score.

Non-Championship Event 50m Freestyle without Fins:

- 4.22. Open Men's and Women's 50m Freestyle without Fins. This event is a Non-Championship event. No points will be awarded and no medals will be presented.
- 4.23. The purpose of this event is to allow all athletes an opportunity to post a straight 50m time for the purpose of talent identification and potential team selection. (i.e. relays).
- 4.24. It is anticipated that this event will be conducted following the conclusion of competition on Sunday afternoon. No entry will be required to be completed.
- 4.25. This event may not be held if there is insufficient time allowable.

5. POINTSCORE

- 5.1. An interclub point score will be conducted based on the results of individual and team events for 1st through to 6th placing (or less if the actual number of competitors is less than 6) for the Championships. All events will be of equal points and the club with the highest aggregate of points at the conclusion of the competition shall be declared the winners in each division (Youth, Open, Masters). Please note there is no Overall Club Point score.
- 5.2. Representative Teams are not eligible to participate in the club point score nor shall any placings gained block the point score of club teams.
- 5.3. Results of events conducted in the Masters division will not form part of the point score.
- 5.4. The following points will apply:
- | | | | |
|-----------------|----------|-----------------|----------|
| 1 st | 6 points | 4 th | 3 points |
| 2 nd | 5 points | 5 th | 2 points |
| 3 rd | 4 points | 6 th | 1 point |
- 5.5. Where a dead heat (as defined in the current Surf Sports manual) occurs in the final of an event the Clubs of the individuals/teams will share the placing points relative to the finish placing. The club of the next individuals/teams to finish will receive the relative placing points based on the number of individuals/teams finishing ahead of them. For example: if two individuals/teams finish equal 3rd, both individuals/teams shall receive 4 points for their club and the next individual/team shall be awarded 2 points for coming 5th.
- 5.6. If in the event of equal points in the overall point score a count back of placings (i.e. most number of first placings, then second placings etc.) shall be undertaken to determine the winner. If, after an exhaustive review, teams cannot be separated, a tied point score shall be declared.
- 5.7. All results will be posted during the competition at the Championship venue and will be available on the SLSNSW website after the event completion.
- 5.8. The swimming pool at the Peninsular Leisure Centre does not meet ILS requirements for pool events, therefore records will not be awarded at these Championships.

6. OTHER INFORMATION

Competition Equipment:

- 6.1. SLSNSW will supply the Bricks, Tubes, Manikins and Lines for the use of competitors during competition. All competitors are required to supply their own fins. Athletes will need to provide their own lines for practice/warm up only. All equipment must comply with the ILS specifications as specified in the ILS Sports Manual section 8.
- 6.2. All competitors are required to supply their own fins. Rubber fins for U11, U12 & U13 athletes must comply with Circular 92/12-13 Pool Rescue Under 12. Open and Masters athletes fiberglass fins must comply with the ILS Competition Manual.
- 6.3. Competition equipment will be subject to random scrutineering checks during the event.

Swimwear:

- 6.4. In all swimming events competitors must wear approved competition dress as detailed in Surf Sports Manual Section 2 General Competitive Conditions – Section 2.5.1 Costumes, Dress and Style.

The SLSA rules are consistent with the rules contained in Section 8.13 of the [ILS Competition Manual 2015](#).

MALE SWIMSUITS

Full Length	Long	Long Legs
Not Allowed	Not Allowed	Not Allowed
		
Knee Length	Square Leg	Briefs
Allowed	Allowed	Allowed
		

FEMALE SWIMSUITS

Full Length	Zippered Back	Two Piece
Not Allowed	Not Allowed	Allowed
		
Knee Length, Open Back		Short, Open Back
Allowed		Allowed
		

- c) Swimwear to be worn in all SLSA competition (including special events) must comply with the following standards:
- (i) Swimwear worn by males shall not extend above the navel or below the knee.
 - (ii) Swimwear worn by females shall not cover the neck, shoulders or arms nor extend below the knees. Two piece swimsuits that conform to this standard may also be worn
- d) The material and construction used in swimwear to be worn in all SLSA beach competition swim legs and pool rescue events swim legs shall be:
- (i) Only textile woven fabric(s) shall be permitted.
 - (ii) Non-woven and/or non-permeable (e.g. wetsuit type) materials shall not be permitted.
 - (iii) The material used shall have a maximum thickness of 0.8mm.
 - (iv) Other than string ties for the tops of men's swimwear or the bottom of female two piece swimwear no zippers or other fastening systems shall be permitted.
 - (v) Swimwear that provides flotation, pain reduction, chemical/medical stimulation or other external stimulation or influence of any type shall be prohibited.
 - (vi) No outside application on the material shall be permitted. (Note: manufacturer brandings, club names or similar are permitted).
- (e) SLSA will allow both male and female competitors to wear "modesty" swimwear made of a textile woven fabric under their swimsuit, provided that no competitive advantage is gained. Further, any modesty swimwear shall be restricted to the short style for men and the two piece style top and/or bottom for women.
- (f) Upon application for religious and/or cultural diversity reasons, SLSA will consider the wearing of (non-body shaping) textile swimwear that covers a greater part of the body provided that such swimwear does not provide a competitive advantage.

Restrictions & Provisos:

The following restrictions shall apply in regard to nominations and competition in the various events:

- 6.5. Competitors will compete as club representatives.
- 6.6. Notwithstanding the provisions of Substitution of Competitors as provided for under General Competitive Conditions in the current edition of the SLSA Surf Sports Manual, in conjunction with all current amending or clarifying Bulletins, it shall be possible for a Club in the event of the withdrawal of an individual competitor who has been nominated by the Club to compete to replace such a competitor in a Club team.
- 6.7. Any withdrawal, together with details of the replacement (if any) and satisfying the conditions of entry, shall be notified in writing to the SLSNSW Pool Rescue Championships 2018 Administration Official by the representative of the Club nominated for this purpose, at least one hour before the scheduled starting time of the particular event. The Pool Rescue Championships 2018 Administration Official will in turn issue an authority for promulgation to the appropriate Carnival Official/s.

6.8. Competitors **MUST** wear either club caps / rubber or silicone swim caps in each team event (also refer to Section 11.1 of the current SLSA Surf Sports Manual and Section 3.1 of the ILS Sports Manual).

6.9. For any event to be contested at the NSW Pool Rescue Championships, a minimum of one (1) starter is required. Where an event is conducted all place getters shall be awarded medals.

Appeals:

6.10. The Competition Appeals Committee will deal with all the protests referred to it by the Referee or his delegate. The appeals process is detailed in the current edition of SLSA's Surf Sports Manual and any subsequent Bulletins and Circulars.

6.11. Appeals forms can be obtained from appointed Liaison Officers or administration.

6.12. The Competition Appeals Committee shall consider the protest or appeal and make a decision. It may uphold or dismiss a protest or appeal. The cost of lodging an appeal is **\$110 inc. GST**. If an appeal is upheld the fee shall be returned forthwith.

6.13. The decision of the competition appeals committee is final and there is no right of appeal against that decision.

Club Declaration:

6.14. The [Declaration Form](#) must be completed by a Club Executive Officer or Team Manager.

6.15. A Club Representative must sign the entry declaration certifying that all competitors listed on the entry form are financial, proficient, satisfy the patrol hours requirements as detailed in this Circular, and the entries are in all other ways accurate and in accordance with the Association, Club and entry requirements.

6.16. It is an expressed condition of accepting club entries that a Club Representative has signed the declaration to indicate that all members listed on the club's entry shall abide by the conditions of entry set out in this circular.

Marshalling Sheets:

6.17. At the close of entries, marshalling sheets will be generated and posted online. Team Managers will be emailed a download link. The Team Manager **must** advise the Administration Officer of which club members are competing in which events. These sheets **must** be handed to the Administration Officer at the conclusion of the Team Managers meeting.

6.18. Competitors who have not indicated they are competing in an event by completing the marshalling sheets will be deemed not eligible to compete in that event.

6.19. Pre marshalling will enable all heats and draws to be completed for circulation and posting prior to the commencement of Saturdays competition, there will be no redrawing of events and competitors will be called to marshalling for each event with an expectation that they know the heat and lane they have been allocated.

First Aid:

6.20. The facility has First Aid and emergency evacuation procedures. First Aid will be available on site for the duration of the event.

Food and Beverage Facilities:

6.21. A cafe is located at the facility. No alcohol is permitted at the venue.

Health & Wellbeing:

- 6.22.** Competitors and officials should realise the importance of fitness to undertake their respective activities and should seek expert advice on all aspects of their health before participating. Competitors and/or officials who suffer illness or injury should seek medical advice prior to participating or continuing with their activity.
- 6.23.** In addition SLSNSW may, at its sole discretion, require a competitor and/or official to be assessed for physical and/or psychological fitness to participate to ensure that an unfit competitor and/or official and/or SLSNSW is not placed at risk.

Anti-Doping:

- 6.24.** Members have responsibilities under Policy 5.2 Anti-Doping Policy & Policy 6.23 Illicit Drugs in Sport (both available online at Members Portal > Library > Governance > Policy > SLSA > Policy 5.2 & 6.23). Members have a duty to avoid all prohibited substances and prohibited methods and should be aware of the policy if medication is required. If appropriate, advice should be obtained from medical practitioners, pharmacists, the [Australian Sports Anti-Doping Authority](#) or call 13000 ASADA (1300 027 232).
- 6.25.** Please Note: SLSA is currently updating its Anti-Doping Policy following the new World Anti-Doping Authority (WADA) Code from 1 January 2016. SLSA will release the updated SLSA Anti-Doping Policy once it has been formally updated. SLSNSW fully supports this policy. It is strongly recommended that all Team Managers complete the [online ASADA training module](#) AND conduct at least one (1) anti-doping education activity with all competitors from the Club.

Behaviour / Misconduct:

- 6.26.** Misconduct before, during and after the Championships will not be tolerated. Offending members risk disciplinary action against themselves and their Clubs.
- 6.27.** Please refer to Surf Sports Manual sections 2.26 SLSA Code of Behaviour and 2.27 Abuse/Inappropriate Behaviour and the Policy 6.5 – Member Protection Policy (available online at Members Portal > Library > Governance > Policy > SLSA > Policy 6.5).

APPENDIX 1 - ENTRY PROCESS

The following information is to be used as a guide when submitting entries using the Team Manager Lite System for the NSW 2018 Pool Rescue Championships.

Before using Team Manager Lite – get organised and allow yourself plenty of time.

- You will need to have the athletes' date of birth, as it **must** be entered (not a dummy one) and correct spelling of names is also essential.
- Have all your entries organised. You can enter them in several ways, however, the best way is by "events". Therefore, have a sheet ready, listing the events and which competitors will be entering those events.
- Team Manager Lite will only allow you to enter 100 athletes.

Downloading Team Manager Lite – this is not difficult – but please follow each and every step.

1. Download [Team Manager 8.0 Lite](#) (If you already have this, skip to entering competitors.)
 - a) Scroll down to the screen shot displayed below and click "Lite" to download the program.

[Team Manager 8.0](#)
[Update](#)
[User Guide](#)
[Online User Guide](#)
[Release Notes](#)
[Lite](#)
[View NEW Features](#)
[View eLesson of New Features](#)

- b) Click on "Lite"
- c) When the Installation program pops up (normally bottom left of screen), click through the *Next* and accept the *Terms & Conditions* until you get to *Finish*. The program will open automatically.
- e) Once the program has opened click *OK* on the pop up screen. Click *No* for automatic updates.

Entering competitors into Team Manager Lite

1. You will need to download the zip file (**EMAILED TO TEAM MANAGERS**) to a location on your computer that you will easily find again (for example a folder called "2018 Pool Rescue").
2. Now open the Team Manager Lite program.
 - a) Once open, go to *File* then *Open/New*.
 - b) If you are entering the Championships for the first time, create a new file with your club name, then click *Open*.
 - c) Click *Set-up* → *Preferences* → *System Preferences*. Please ensure you tick the following:
 - Gender Designation box
 - Male/Female
 - Athlete Browser Options
 - Show Ages
 - Show Birth Date
 - Last Name First
 - Team/Swimmer Defaults
 - Default Team Registration = Australia
 - Default Team Type = Age
 - Default Country = Australia
 - Default LSC = **LEAVE BLANK**
 - Default State = New South Wales
 - Meet Age-Up Date
 - Change date to 30/09/17

System Age-Up Date

- Change date to 30/09/17 un-tick "Always age-up to today"

- d) Then click *OK*
3. Go to *File* → *Import* → *Meet Events*. Browse to the saved zip file (the one you saved as instructed in point 1). Double click this zip file. A window will open, click *OK*. Then click the only file that is available and click *Open*. Click *OK*. You are now ready to start.
4. Go to *Meets* and select the relative carnival e.g.: "**SLSNSW 2018 Pool Rescue Champs**" (This is especially important for those clubs who have used the program last year to enter competitors.) Close this window.

5. **Add your Club**

- a) Click on *Teams* on the top toolbar
- b) Click *Add* on the new toolbar
- c) Type in a club code (e.g. Cronulla SLSC would be CRON – only four characters)
- d) Enter club's full name in *Team Name* (e.g. Cronulla SLSC)
- e) Enter club's *Short Name* (e.g. CRON – avoid abbreviations such as CSLSC which may refer to other clubs)
- e) Enter Mailing details, email address and phone/fax contacts
- f) Click *OK*
- g) Click *Cancel* when finished.
- h) Exit from this form back to the main screen by clicking on the top right hand X (on the second line). Careful, the top X will close Team Manager.

6. **Add athletes**

- a) Click *Athletes* from the top tool bar. If you are using the program for the first time, there will be no athletes showing. Select your Surf Life Saving Club by clicking on the *Team* drop down box. Add all new athletes now, before starting to do entries.
- b) Click *Add* on the top toolbar.
- c) Use upper and lower case in the Athlete Information area – not all upper – for athletes' names.
- d) Tab to move to the next boxes. (Leave Middle: and Preferred Name: blank)
- e) Use same format as shown for DOB. e.g. (DD/MM/YY). Tab through for the program to automatically calculate the age.
- f) Leave ID# blank
- g) Use a capital M or F to change from *Male* to *Female*.
- h) On the right hand side in "Member of" section choose *Team 1* (Club Name) from the drop down box.
- i) Click *OK*.
- j) Continue adding all new athletes.
- k) If you already have athletes entered from last year, check if their details are still correct and delete those that are not competing. You are only ever allowed to have 100 names. Click *Cancel* when finished.
- l) Close this screen (Athletes) by clicking on the top right hand X (on the second line). Careful, the top X will close Team Manager.

Entering Athletes into Individual Events. (PLEASE REFER TO *Event List to Help with Nominations* file)

- m) Click *Meets* from the top toolbar.
- n) Make sure correct carnival is blue. e.g. **SLSNSW 2018 Pool Rescue Champs**
- o) Click *Entries*, then *Entries by Event*. Ignore next message box.
- p) Select your club in the *Swim for Team* drop down box at the top of the screen.
- q) The events listed in this system are for a traditional pool event. The attached listing of events should be used to determine the correct event you are entering. Click on any event – the eligible athletes will show alphabetically on the bottom half of the screen. (Please go by Event # and use Events List to Help with Nominations attached.)
- r) Click in the *Entrd* column box of the person you wish to enter. The row will change to yellow and a tick will be in the box in the *Entrd* column. Enter a time in the Custom Column. This is for seeding of the Heats. This is not necessary but helps your athletes when allocating the Heats.
- s) To delete an entry, click on the ticked box. The yellow will now be cleared.
- t) Continue this way until you have entered all your athletes. Team Manager automatically saves your entries as you do them.

7. **Entering athletes into Relay Teams – (e.g.: Obstacle Relay, Line Throw, Medley Relay and Manikin Relay).**
 - a) Click on a Relay event you wish to enter. If a message box shows, click *OK*.
 - b) Eligible athletes will now be showing on the left side of the screen. Click on *New Relay*. This enters a team. You now need to enter the athletes into that team. Please enter names, even if you change them on the day.
 - c) Double click in the *Entrd* box for each athlete, in running order, and that name will be transferred to the right side of the screen under *Athletes*.
 - d) To delete an athlete from a Relay, double click on the name in the *Swimmers* box and follow instructions.
 - e) To add athletes into another Relay event, repeat the steps above.
 - f) Once you have entered all athletes into their events, close this screen to go back to the main screen.

8. **To print your entries.**
 - a) From the Main Menu, Click *Reports* on the top toolbar and choose *Meet Reports – Meet Entries*.
 - b) Click the *Team* drop down box and choose your Club.
 - c) Make sure that *All* is selected for *Gender* and *Sort By* has *Meet Event Number* selected. Check that *Event Filters – Individual and Relays* has a dot as well as *Show Eight* also has a dot. Nothing else should be selected. This report will show athletes entered per event.
 - d) Click *Create Report*.
 - e) To close print screen, click on the cross at the top right hand corner (second line) then click *Cancel*. Click the cross at top right hand corner (second line) again and you should be back at the Main Screen.

9. **Backup file on a USB.** (In case the computer crashes.)
 - a) From the Main Screen, click *File* and choose *Backup*.
 - b) Select where you wish to save the backup – program will go to C:\TM5Data – that’s OK – but it is advised to do one to a USB stick as well.
 - c) Write down the name of the backup file and where it is saved to (if not saving to a USB), as it gives the file an unusual name (e.g.: SwTm5BkupMyTeam - ???.zip) – you don’t have a choice of naming it. It is sometimes hard to find again if you need it.

10. **Exporting your data, send to Luke Stigter – lstigter@surflifesaving.com.au**
 - a) From the Main Screen, click *File* → *Export* → *Meet Entries*.
 - b) Change *Export to Drive* and *Export to Directory* as desired (I suggest E:\ (USB stick) if not familiar with Windows Explorer) – but again write down where you are sending it as before it gives it an unusual name that you can’t change here. (You will need to be able to find this file to email your entries.)
 - c) Make sure the correct Meet is showing, e.g. **SLSNSW 2018 Pool Rescue Champs** and *Export Relays* is ticked.
 - d) Click *OK*, then *OK* again, then *Cancel*.
 - e) Find this file wherever you have saved it on your computer or USB and rename it to using your Club code etc., for example **CRON Entries SLSNSW Pool Rescue Champs**.
 - f) Email this exported file (NOT THE BACKUP FILE!!!) to Luke Stigter – lstigter@surflifesaving.com.au
 - g) A reply will be sent to the sending address to acknowledge the receipt of your entries.

11. After the carnival is collated, a list showing heat lanes etc. will be published for your use on the day of the carnival.
12. Good Luck. Please call **Luke Stigter on (02) 9471 8000** if you are having **any** difficulties so as to sort out any queries as early as possible in the process.

Entries MUST be received by 11pm Sunday 1 July, 2018

APPENDIX 2 – EVENT CODES

Event #	Event Name	Event #	Event Name
1	Men 14 Year Olds 200 U15 Obstacle Youth	56	Men 13 Year Olds 50 U14 Line Throw Youth
2	Women 14 Year Olds 200 U15 Obstacle Race Youth	57	Women 13 Year Olds 50 U14 Line Throw Youth
3	Men 13 Year Olds 200 U14 Obstacle Race Youth	58	Men 12 Year Olds 50 U13 Line Throw Youth
4	Women 13 Year Olds 200 U14 Obstacle Race Youth	59	Women 12 Year Olds 50 U13 Line Throw Youth
5	Men 12 Year Olds 100 U13 Obstacle Race Youth	60	Men 11 Year Olds 50 U12 Line Throw Youth
6	Women 12 Year Olds 100 U13 Obstacle Race Youth	61	Women 11 Year Olds 50 U12 Line Throw Youth
7	Men 11 Year Olds 100 U12 Obstacle Race Youth	62	Men 10 Year Olds 50 U11 Line Throw Youth
8	Women 11 Year Olds 100 U12 Obstacle Race Youth	63	Women 10 Year Olds 50 U11 Line Throw Youth
9	Men 10 Year Olds 50 U11 Obstacle Race Youth	64	Men 15 & Over 50 Open Line Throw Open
10	Women 10 Year Olds 50 U11 Obstacle Race Youth	65	Women 15 & Over 50 Open Line Throw Open
11	Men 13-14 200 U14/15 Obstacle Relay Youth	66	Men 17-18 50 U19 Line Throw Open
12	Women 13-14 200 U14/15 Obstacle Relay Youth	67	Women 17-18 50 U19 Line Throw Open
13	Men 11-12 200 U12/13 Obstacle Relay Youth	68	Men 15-16 50 U17 Line Throw Open
14	Women 11-12 200 U12/13 Obstacle Relay Youth	69	Women 15-16 50 U17 Line Throw Open
15	Mixed 10 Year Olds 200 U11 Obstacle Relay Youth	70	Men 30-39 50 30-39 Line Throw Masters
16	Men 14 Year Olds 50 U15 Manikin Carry Youth	71	Women 30-39 50 30-39 Line Throw Masters
17	Women 14 Year Olds 50 U15 Manikin Carry Youth	72	Men 40-49 50 40-49 Line Throw Masters
18	Men 13 Year Olds 50 U14 Manikin Carry Youth	73	Women 40-49 50 40-49 Line Throw Masters
19	Women 13 Year Olds 50 U14 Manikin Carry Youth	74	Men 50-59 50 50-59 Line Throw Masters
20	Men 12 Year Olds 50 U13 Brick Carry Youth	75	Women 50-59 50 50-59 Line Throw Masters
21	Women 12 Year Olds 50 U13 Brick Carry Youth	76	Men 60 & Over 50 60+ Line Throw Masters
22	Men 11 Year Olds 50 U12 Brick Carry Youth	77	Women 60 & Over 50 60+ Line Throw Masters
23	Women 11 Year Olds 50 U12 Brick Carry Youth	78	Men 15 & Over 200 Open Obstacle Open
24	Men 10 Year Olds 50 U11 Brick Carry Youth	79	Women 15 & Over 200 Open Obstacle Open
25	Women 10 Year Olds 50 U11 Brick Carry Youth	80	Men 17-18 200 U19 Obstacle Open
26	Men 13-14 100 U14/15 Manikin Relay Youth	81	Women 17-18 200 U19 Obstacle Open
27	Women 13-14 100 U14/15 Manikin Relay Youth	82	Men 15-16 200 U17 Obstacle Open
28	Men 11-12 100 U12/13 Brick Relay Youth	83	Women 15-16 200 U17 Obstacle Open
29	Women 11-12 100 U12/13 Brick Relay Youth	84	Men 30-39 200 30-39 Obstacle Masters
30	Mixed 10 Year Olds 100 U11 Brick Relay Youth	85	Women 30-39 200 30-39 Obstacle Masters
31	Men 14 Year Olds 100 U15 Manikin Tow Youth	86	Men 40-49 200 40-49 Obstacle Masters
32	Women 14 Year Olds 100 U15 Manikin Tow Youth	87	Women 40-49 200 40-49 Obstacle Masters
33	Men 13 Year Olds 100 U14 Manikin Tow Youth	88	Men 50-59 200 50-59 Obstacle Masters
34	Women 13 Year Olds 100 U14 Manikin Tow Youth	89	Women 50-59 200 50-59 Obstacle Masters
35	Men 11-12 2x50 U12/13 Patient Tow Relay Youth	90	Men 60 & Over 100 60+ Obstacle Masters
36	Women 11-12 2x50 U12/13 Patient Tow Relay Youth	91	Women 60 & Over 100 60+ Obstacle Masters

37	Men 14 Year Olds 100 U15 Manikin Carry wf Youth	92	Men 15 & Over 200 Open Obstacle Relay Open
38	Women 14 Year Olds 100 U15 Manikin Carry wf Youth	93	Women 15 & Over 200 Open Obstacle Relay Open
39	Men 13-14 200 U14/15 Medley Relay Youth	94	Men 15-18 200 U17-U19 Obstacle Relay Open
40	Women 13-14 200 U14/15 Medley Relay Youth	95	Women 15-18 200 U17-U19 Obstacle Relay Open
41	Men 11-12 200 U12/13 Medley Relay Youth	96	Men 15 & Over 200 Open Super Lifesaver Open
42	Women 11-12 200 U12/13 Medley Relay Youth	97	Women 15 & Over 200 Open Super Lifesaver Open
43	Mixed 11-12 200 U11 Medley Relay Youth	98	Men 17-18 200 U19 Super Lifesaver Open
44	Men 14 Year Olds 50 U15 Freestyle wf Youth	99	Women 17-18 200 U19 Super Lifesaver Open
45	Women 14 Year Olds 50 U15 Freestyle wf Youth	100	Men 15-16 200 U17 Super Lifesaver Open
46	Men 13 Year Olds 50 U14 Freestyle wf Youth	101	Women 15-16 200 U17 Super Lifesaver Open
47	Women 13 Year Olds 50 U14 Freestyle wf Youth	102	Men 15 & Over 50 Open Manikin Carry Open
48	Men 12 Year Olds 50 U13 Freestyle wf Youth	103	Women 15 & Over 50 Open Manikin Carry Open
49	Women 12 Year Olds 50 U13 Freestyle wf Youth	104	Men 17-18 50 U19 Manikin Carry Open
50	Men 11 Year Olds 50 U12 Freestyle wf Youth	105	Women 17-18 50 U19 Manikin Carry Open
51	Women 11 Year Olds 50 U12 Freestyle wf Youth	106	Men 15-16 50 U17 Manikin Carry Open
52	Men 10 Year Olds 50 U11 Freestyle wf Youth	107	Women 15-16 50 U17 Manikin Carry Open
53	Women 10 Year Olds 50 U11 Freestyle wf Youth	108	Men 30-39 50 30-39 Manikin Carry Masters
54	Men 14 Year Olds 50 U15 Line Throw Youth	109	Women 30-39 50 30-39 Manikin Carry Masters
55	Women 14 Year Olds 50 U15 Line Throw Youth	110	Men 40-49 50 40-49 Manikin Carry Masters

111	Women 40-49 50 40-49 Manikin Carry Masters	139	Women 15-16 100 U17 Manikin Carry wf Open
112	Men 50-59 50 50-59 Manikin Carry Masters	140	Men 30-39 100 30-39 Man Carry wf Masters
113	Women 50-59 50 50-59 Manikin Carry Masters	141	Women 30-39 100 30-39 Man Carry wf Masters
114	Men 60 & Over 50 60+ Manikin Carry Masters	142	Men 40-49 100 40-49 Man Carry wf Masters
115	Women 60 & Over 50 60+ Manikin Carry Masters	143	Women 40-49 100 40-49 Man Carry wf Masters
116	Men 15 & Over 100 Open Manikin Carry Relay Open	144	Men 50-59 100 50-59 Man Carry wf Masters
117	Women 15 & Over 100 Open Manikin Carry Relay Open	145	Women 50-59 100 50-59 Man Carry wf Masters
118	Men 15-18 100 U17-19 Manikin Relay Open	146	Men 60 & Over 100 60+ Man Carry wf Masters
119	Women 15-18 100 U17-19 Manikin Relay Open	147	Women 60 & Over 100 60+ Man Carry wf Masters
120	Men 15 & Over 100 Open Manikin Tow Open	148	Men 15 & Over 100 Open Rescue Medley Open
121	Women 15 & Over 100 Open Manikin Tow Open	149	Women 15 & Over 100 Open Rescue Medley Open
122	Men 17-18 100 U19 Manikin Tow Open	150	Men 17-18 100 U19 Rescue Medley Open
123	Women 17-18 100 U19 Manikin Tow Open	151	Women 17-18 100 U19 Rescue Medley Open
124	Men 15-16 100 U17 Manikin Tow Open	152	Men 15-16 100 U17 Rescue Medley Open
125	Women 15-16 100 U17 Manikin Tow Open	153	Women 15-16 100 U17 Rescue Medley Open
126	Men 30-39 100 30-39 Manikin Tow Masters	154	Men 15 & Over 200 Open Rescue Medley Relay Open
127	Women 30-39 100 30-39 Manikin Tow Masters	155	Women 15 & Over 200 Open Rescue Medley Relay Open
128	Men 40-49 100 40-49 Manikin Tow Masters	156	Men 15-18 200 U17-19 Rescue Medley Relay Open
129	Women 40-49 100 40-49 Manikin Tow Masters	157	Women 15-18 200 U17-19 Rescue Medley Relay Open
130	Men 50-59 100 50-59 Manikin Tow Masters	158	Men 15 & Over 50 Open Freestyle wf Open
131	Women 50-59 100 50-59 Manikin Tow Masters	159	Women 15 & Over 50 Open Freestyle wf Open
132	Men 60 & Over 100 60+Manikin Tow Masters	160	Men 17-18 50 U19 Freestyle wf Open
133	Women 60 & Over 100 60+Manikin Tow Masters	161	Women 17-18 50 U19 Freestyle wf Open
134	Men 15 & Over 100 Open Man Carry wf Open	162	Men 15-16 50 U17 Freestyle wf Open
135	Women 15 & Over 100 Open Man Carry wf Open	163	Women 15-16 50 U17 Freestyle wf Open
136	Men 17-18 100 U19 Manikin Carry wf Open	164	Men 15 & Over 50 Freestyle wo fin Open
137	Women 17-18 100 U19 Manikin Carry wf Open	165	Women 15 & Over 50 Freestyle wo fin Open
138	Men 15-16 100 U17 Manikin Carry wf Open		